






September 2019

SCHAFFER HEIGHTS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p>  <p>Rent due</p>	<p>2</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> <p>7:00- Adult Coloring-CR </p> <p>Labor Day!! Office is closed!</p>	<p>3</p> <p>9:30am-Grocery Shuttle-Denny's</p> <p>12:30-2:30pm Hairdresser-DH</p> <p>7:00pm-Historical Presentation with Frank-DH</p>	<p>4</p> <p>12:30pm-Catholic Service-DH</p> <p>12:30-2:30pm-Hairdresser-DH</p> <p>1pm-Lawyer-SLTC</p> <p>3:30-5pm-Emmy Lou's Meal Delivery</p>	<p>5</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> 	<p>6</p> <p>8:30- Bus to PC-EA</p> <p>3:30-5-Emmylou's Café Delivery</p> <p>6:30pm-Bingo-DH</p>	<p>7</p> 
<p>8</p> 	<p>9</p> <p>8:30am-Bus to Hannaford -EA</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> <p>7:00- Adult Coloring-CR</p>	<p>10</p> <p>12:30-2:30pm Hairdresser-DH</p> <p>1:00pm-Cornell Nutrition Class-DH</p> <p>7:00pm-Karaoke-DH</p> 	<p>11</p> <p>12:30pm-Catholic Service-DH</p> <p>12:30-2:30pm-Hairdresser-DH</p> <p>1pm-Lawyer-SLTC</p> <p>3:30-5pm-Emmy Lou's Meal Delivery</p>	<p>12</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> <p>6pm-Bible Study-CR</p> 	<p>13</p> <p>8:30- Bus to PC-EA</p> <p>3:30-5-Emmylou's Café Delivery</p> <p>6:50-Movie Night-DH</p>	<p>14</p> 
<p>15</p> 	<p>16</p> <p>8:30am-Bus to Hannaford -EA</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> <p>7:00- Adult Coloring-CR</p>	<p>17</p> <p>9:30am-Grocery Shuttle-Denny's</p> <p>12:30- 2:30pm Hairdresser-DH</p> 	<p>18</p> <p>12:30pm-CatholicService-DH</p> <p>12:30-2:30pm-Hairdresser-DH</p> <p>1pm-Lawyer -SLTC</p> <p>3:30-5pm-Emmy Lou's Meal Delivery</p>	<p>19</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> 	<p>20</p> <p>8:30- Bus to PC-EA</p> <p>9:30-Grab & Go Breakfast-DH</p> <p>3:30-5-Emmylou's Café Delivery</p> <p>6:30pm-Bingo-DH</p>	<p>21</p> 
<p>22</p> 	<p>23</p> <p>8:30am-Bus to Hannaford-EA</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> <p>7:00- Adult Coloring-CR</p>	<p>24</p> <p>12:30-2:30p Hairdresser-DH</p> <p>7:00pm-Game Night-DH</p> 	<p>25</p> <p>12:30pm- Catholic Service-DH</p> <p>12:30-2:30pm-Hairdresser-DH</p> <p>1pm-Lawyer -SLTC</p> <p>3:30-5pm-Emmy Lou's Meal Delivery</p>	<p>26</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> <p>3:00pm-Birthday Cake-CR</p> <p>6pm-Bible Study-CR</p>	<p>27</p> <p>8:30- Bus to PC-EA</p> <p>3:30-5-Emmylou's Café Delivery</p> <p>4:00pm-Tenant Association Meeting-DH</p> <p>6:50pm-Movie Night-DH</p>	<p>28</p> 
<p>29</p> 	<p>30</p> <p>8:30am-Bus to Hannaford-EA</p> <p>9-11am-Emmy Lou's Café Breakfast-CR</p> <p>7:00- Adult Coloring-CR</p>	<p>Key CR -Community Room DH -Dayhaven EA- Eastern Ave Lobby SLTC -Senior Long Term Care</p>				